

BREAKFAST



OCTOBER 2022

Elementary

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
333 Blueberry Chex 753 Orange Juice 608 Dole Tropical Fruit Cup Pre-K: 349 Corn Chex Cereal	328 Chocolate Chip Muffin 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 332 Apple Cinnamon Muffin	366 Blueberry Bagel 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 331 Corn Muffin	334 Cinnamon Toast Crunch Cereal 748 Grape Juice 697 Bagged Sliced Apples Pre-K: 341 Vanilla Honey Bunches of Oats Cereal	319 Orange Cranberry Muffin 750 Apple Juice 690 Apple Crisps Pre-K: 366 Blueberry Bagel
No School	302 Egg & Cheese Turkey Sausage Wrap 749 Apple Cherry Juice 670 Fresh Fruit Pre-K: 339 Cranberry Orange Muffin	327 Pillsbury Maple Mini Waffles 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 331 Corn Muffin	306 Apple Frudel (HOT) 748 Grape Juice 697 Bagged Sliced Apples 330 Blueberry Muffin	322 Granola with Cinnamon & Vanilla Yogurt 750 Apple Juice 690 Apple Crisps 347 Cinnamon Chex Cereal
333 Blueberry Chex Cup 752 Fruit Punch Juice 670 Fresh Fruit Pre-K: 367 Cinnamon Raisin Bagel	322 Blueberry Muffin 753 Orange Juice 657 Strawberry Craisins Pre-K: 346 Cinnamon Toast Crunch Cereal	262 Turkey Sausage Breakfast Bagel (HOT) & (NEW) 750 Apple Juice 670 Fresh Fruit Pre-K: 335 Banana Muffin	323 Apple Cinnamon Muffin 749 Apple Cherry Juice 645 Dole Pineapple Cup Pre-K: 343 Rice Chex Cereal	324 Cocoa Puffs Cereal 748 Grape Juice 670 Fresh Fruit Pre-K: 331 Corn Muffin
302 Egg, Cheese & Turkey Sausage Breakfast Wrap 749 Apple Cherry Juice 647 Dole Mandarin Oranges Pre-K: 341 Vanilla Honey Bunches of Oats	327 Pillsbury Maple Mini Waffles 750 Apple Juice 697 Bagged Sliced Apples Pre-K: 330 Blueberry Muffin	319 Orange Cranberry Muffin 752 Fruit Punch Juice 659 Watermelon Craisins Pre-K: 345 Honey Scooters Cereal	306 Apple Frudel (HOT) 748 Grape Juice 670 Fresh Fruit Pre-K: 331 Corn Muffin	329 Trix Cereal Bar 753 Orange Juice 691 Strawberry Apple Crisps Pre-K: 339 Cranberry Orange Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.