



DECEMBER 2022

Elementary School



Nutritional Development Services
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday



Tuesday

Wednesday

Thursday

Friday



334 Cinnamon Toast Crunch Cereal
 748 Grape Juice
 657 Strawberry Craisins

5

Pre-K: 349 Corn Chex Cereal

921 Granola &
 133 Strawberry Banana Yogurt
 752 Fruit Punch Juice
 670 Fresh Fruit

6

Pre-K: 330 Blueberry Muffin

369 Pillsbury Berry Blast Mini
 French Toast
 749 Apple Cherry Juice
 684 Mixed Berry Applesauce

7

Pre-K: 366 Blueberry Bagel

328 Chocolate Chip Muffin
 750 Apple Juice
 608 Dole Tropical Fruit Cup

8

Pre-K: 341 Vanilla Honey Bunches of Oats

324 Cocoa Puffs Cereal
 753 Orange Juice
 670 Fresh Fruit

9

Pre-K: 339 Cranberry Muffin

321 Banana Muffin
 749 Apple Cherry Juice
 670 Fresh Fruit

12

Pre-K: 342 Cheerios

302 Egg, Cheese & Turkey Sausage
 Breakfast Wrap **(HOT)**
 750 Apple Juice
 659 Watermelon Craisins

13

Pre-K: 335 Banana Muffin

366 Blueberry Bagel
 752 Fruit Punch Juice
 670 Fresh Fruit

14

Pre-K: 369 Pillsbury Berry Blast Mini
 French Toast

338 French Toast Sticks **(HOT)**
 753 Orange Juice
 684 Mixed Berry Applesauce

15

Pre-K: 331 Corn Muffin

922 Granola with Cinnamon &
 134 Cherry Vanilla Yogurt
 748 Grape Juice
 670 Fresh Fruit

16

Pre-K: 347 Cinnamon Chex Cereal

334 Cinnamon Toast Crunch
 Cereal
 752 Fruit Punch Juice
 670 Fresh Fruit

19

Pre-K: 367 Cinnamon Raisin Bagel

322 Blueberry Muffin
 753 Orange Juice
 645 Dole Pineapple Cup

20

Pre-K: 346 Cinnamon Toast Crunch

315 Apple Cinnamon Toast
 748 Grape Juice
 670 Fresh Fruit

21

Pre-K: 332 Apple Cinnamon Muffin

921 Granola &
 138 Blueberry Yogurt
 750 Apple Juice
 691 Strawberry Apple Crisps

22

Pre-K: 343 Rice Chex

262 Turkey Sausage Breakfast
 Pizza **(HOT)**
 749 Apple Cherry Juice
 656 Craisins

23

Pre-K: 330 Blueberry Muffin

January

2

NO SCHOOL

3

NO SCHOOL

325 Cinnamon Chex Cereal
 656 Craisins
 647 Dole Mandarin Orange Cup

4

Pre-K: 345 Honey Scooters Cereal

306 Apple Frudel **(HOT)**
 752 Fruit Punch Juice
 670 Fresh Fruit

5

Pre-K: 327 Pillsbury Maple Mini Waffles

922 Granola with Cinnamon &
 136 Vanilla Yogurt
 750 Apple Juice
 670 Fresh Fruit

6

Pre-K: 339 Cranberry Orange Muffin

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.