



**Nutritional Development Services**  
 Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

**Monday**

**Tuesday**

**Wednesday**

**Thursday**

**Friday**



328 Chocolate Chip Muffin  
 649 Dole Orange Gello Bowl  
 657 Strawberry Craisins  
 9  
 Pre-K: 342 Cheerios

369 Berry Blast Mini French Toast  
 670 Fresh Fruit  
 752 Fruit Punch Juice  
 10  
 Pre-K: 335 Banana Muffin

366 Blueberry Bagel  
 684 Mixed Berry Applesauce  
 697 Bagged Sliced Apples  
 11  
 Pre-K: 369 Pillsbury Berry Blast Mini French Toast

334 Cinnamon Toast Crunch Cereal  
 670 Fresh Fruit  
 750 Apple Juice  
 12  
 Pre-K: 331 Corn Muffin

321 Banana Muffin  
 670 Fresh Fruit  
 608 Dole Tropical Fruit Cup  
 13  
 Pre-K: 347 Cinnamon Chex Cereal

**Martin Luther King Jr. Day**  
 16

333 Blueberry Chex Cereal  
 691 Strawberry Apple Crisps  
 670 Fresh Fruit  
 17  
 Pre-K: 346 Cinnamon Toast Crunch Cereal

262 Turkey Sausage Breakfast Pizza (HOT)  
 648 Dole Strawberry Gello Bowl  
 658 Cherry Craisins  
 18  
 Pre-K: 332 Apple Cinnamon Muffin

306 Apple Frudel (HOT)  
 684 Mixed Berry Applesauce  
 748 Grape Juice  
 19  
 Pre-K: 343 Rice Chex Cereal

922 Granola with Cinnamon & Vanilla Yogurt  
 136 Vanilla Yogurt  
 670 Fresh Fruit  
 749 Apple Cherry Juice  
 20  
 Pre-K: 330 Blueberry Muffin

308 Strawberry Mini Bagel (HOT)  
 748 Grape Juice  
 657 Strawberry Craisins  
 23  
 Pre-K: 341 Vanilla Honey Bunches of Oats

323 Apple Cinnamon Muffin  
 649 Dole Orange Gello Bowl  
 670 Fresh Fruit  
 24  
 Pre-K: 331 Corn Muffin

369 Berry Blast Mini French Toast  
 749 Apple Cherry Juice  
 684 Mixed Berry Applesauce  
 25  
 Pre-K: 345 Honey Scooters Cereal

328 Chocolate Chip Muffin  
 750 Apple Juice  
 608 Dole Tropical Fruit Cup  
 26  
 Pre-K: 327 Pillsbury Maple Mini Waffles

324 Cocoa Puffs Cereal  
 753 Orange Juice  
 670 Fresh Fruit  
 27  
 Pre-K: 339 Orange Cranberry Muffin

321 Banana Muffin  
 749 Apple Cherry Juice  
 670 Fresh Fruit  
 30  
 Pre-K: 346 Cinnamon Toast Crunch Cereal

325 Cinnamon Chex Cereal  
 750 Apple Juice  
 659 Watermelon Craisins  
 31  
 Pre-K: 330 Blueberry Muffin

366 Blueberry Bagel  
 752 Fruit Punch Juice  
 670 Fresh Fruit  
 1  
 Pre-K: 331 Corn Muffin

327 Pillsbury Maple Mini Waffles  
 753 Orange Juice  
 684 Mixed Berry Applesauce  
 2  
 Pre-K: 342 Cheerios

359 Honey Scooters Cereal  
 648 Dole Strawberry Gello Bowl  
 670 Fresh Fruit  
 3  
 Pre-K: 339 Orange Cranberry Muffin

**PLEASE READ CAREFULLY.** Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the suppliers of the food item. To request product information please call (215) 895-3470 during normal business hours.