



Elementary Hot Lunch September 2023

Slogan Winner: "School Lunch radiates positivity"

- Emily R. Nazareth Academy, grade 7

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103

215-995-3470, option 1



NDSSchoolLunchProgram



SchoolMealsNDS



SchoolMealsNDS

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice. grains are whole grain rich, all items are porkfree.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>4</p> <p>LABOR DAY</p> <p>September is National Food Safety Month!</p> <p>Think FOOD Safe.</p>	<p>5</p> <p>Noon Dismissal, No Lunch Served</p>	<p>6</p> <p>284 Chicken Alfredo with Penne Pasta & Broccoli</p> <p>631 Cherry Star Vegetable Juice</p> <p>656 Craisins</p> <p>909 Dinner Rolls</p>	<p>7</p> <p>264 4x6 Cheese Pizza</p> <p>630 Dragon Punch Vegetable Juice</p> <p>686 Rosati Water Ice</p> <p>Football </p> <p>Freeze Cherry</p>	<p>8</p> <p>Noon Dismissal, No Lunch Served</p>
<p>11</p> <p>295 Meatloaf with Gravy & Mashed Potatoes</p> <p>633 Sunset Sip Vegetable Juice</p> <p>684 Mixed Berry Applesauce</p> <p>901 Honey Biscuit</p>	<p>Pizza</p> <p>juice</p> <p>fresh fruit</p>	<p>13</p> <p>281 Popcorn Chicken with Roasted Potatoes</p> <p>621 Celery</p> <p>752 Fruit Punch Juice</p> <p>909 Dinner Roll</p>	<p>14</p> <p>200 Hamburger</p> <p>704 Baked Beans</p> <p>648 Strawberry Gello Bowl</p> <p></p>	<p>15</p> <p>270 Pepperoni Calzone</p> <p>708 Romaine Salad with Spinach & Chickpeas</p> <p>670 Fresh Fruit</p>
<p>18</p> <p>226 Philly Steak & Cheese Pinewheel</p> <p>611 Bagged Baby Carrots</p> <p>546 Cheesy Pizza Hummus</p> <p>749 Apple Cherry Juice</p>	<p>19</p> <p>288 Mac & Cheese with Broccoli</p> <p>630 Dragon Punch Vegetable Juice</p> <p>609 Dole Mixed Fruit Cup</p> <p>909 Dinner Roll</p>	<p>20</p> <p>283 Chicken Tenders with Corn</p> <p>631 Cherry Star Vegetable Juice</p> <p>670 Fresh Fruit</p> <p>990 Chocolate Chip Cookie</p>	<p>21</p> <p>268 French Bread Pizza</p> <p>242 Chicken, Turkey Ham & Cheese Wedge</p> <p>708 Romaine Salad with Spinach & Chickpeas</p> <p>752 Fruit Punch Juice</p>	<p>22</p> <p>215 Taco Stick</p> <p>620 Salsa</p> <p>633 Sunset Sip Vegetable Juice</p> <p>670 Fresh Fruit</p> <p>941 Tostito Scoops</p>
<p>25</p> <p>280 Hamburger with Green Beans</p> <p>630 Dragon Punch Vegetable Juice</p> <p>658 Cherry Craisins</p> <p>915 Hamburger Bun</p>	<p>26</p> <p>286 Penne Pasta with Meat Sauce & Italian Vegetable Blend</p> <p>632 Wango Mango Vegetable Juice</p> <p>648 Strawberry Gello Cup</p> <p>901 Honey Biscuit</p>	<p>27</p> <p>225 Ciabatta Cheese Melt</p> <p>622 Marinara Sauce</p> <p>546 Cheesy Pizza Hummus</p> <p>670 Fresh Fruit</p> <p>932 Cinnamon Scooby Snacks</p>	<p>28</p> <p>272 Buffalo Chicken Calzone</p> <p>611 Bagged Baby Carrots</p> <p>631 Cherry Star Vegetable Juice</p> <p>749 Apple Cherry Juice</p> <p>992 Oatmeal Cookie</p>	<p>29</p> <p>228 Turkey Ham & Cheese Sub</p> <p>708 Romaine Salad with Spinach & Chickpeas</p> <p>670 Fresh Fruit</p>

MENU IS SUBJECT TO CHANGE

NEW, = New Item

= Vegetarian



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Monday

4



September is National Food Safety Month!



Tuesday

5

Wednesday

6

327 Pillsbury Maple Mini Waffles
750 Apple Juice
690 Apple Crisps

Thursday

7

338 French Toast (HOT)
752 Fruit Punch Juice
670 Fresh Fruit

Friday

8

321 Banana Muffin
753 Orange Juice
670 Fresh Fruit

11

329 Honey Nut Cheerios
750 Apple Juice
670 Fresh Fruit

12

262 Turkey Sausage Breakfast Pizza (HOT)
748 Grape Juice
644 Dole Pear Cup

13

344 Cinnamon Toast Crunch Cereal
752 Fruit Punch Juice
659 Watermelon Craisins

14

134 Cherry Vanilla Yogurt &
922 Cinnamon Granola
753 Orange Juice
670 Fresh Fruit

15

320 Corn Muffin
749 Apple Cherry Juice
691 Strawberry Apple Crisps

18

308 Strawberry Mini Bagel
752 Fruit Punch Juice
657 Strawberry Craisins

19

136 Vanilla Yogurt &
921 Granola
753 Orange Juice
670 Fresh Fruit

20

306 Apple Baked Frudel (HOT)
750 Apple Juice
646 Dole Peach Cup

21

368 Plain Bagel
749 Apple Cherry Juice
690 Apple Crisps

22

351 Cinnamon Toast Crunch Bar
748 Grape Juice
670 Fresh Fruit

25

337 Raspberry Churro
750 Apple Juice
691 Strawberry Apple Crisps

26

333 Blueberry Chex Cup
749 Apple Cherry Juice
684 Mixed Berry Applesauce

27

262 Turkey Sausage Breakfast Pizza (HOT)
752 Fruit Punch Juice
670 Fresh Fruit

28

329 Honey Nut Cheerios
749 Grape Juice
658 Cherry Craisins

29

137 Peach Yogurt &
922 Cinnamon Granola
753 Orange Juice
670 Fresh Fruit

MENU IS SUBJECT TO CHANGE

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

